



Estd. 1919

National College(Autonomous),Tiruchirappalli - 620 001, Tamil Nadu

SEMESTER TIME TABLE - APRIL 2024

UG : PHYSICAL EDUCATION

DATE	DAY	FORE NOON(09.30 am to 12.30 pm)		AFTER NOON(02.00 am to 05.00 pm)	
		Code	Title	Code	Title
22-04-2024	Monday	U19PE17	EXERCISE PHYSIOLOGY AND SPORTS INJURIES	U19PE9E	GUIDANCE FOR UNIFORMED SERVICES & SPORTS NUTRITION
23-04-2024	Tuesday	U19PE18	TEST, MEASUREMENT AND EVALUATION	U19PE10E	ADAPTED PHYSICAL EDUCATION
24-04-2024	Wednesday	U19PE19	PEDAGOGY OF SPORTS TRAINING	U19PE11	STATISTICS & COMPUTER APPLICATION IN PHYSICAL EDUCATION
25-04-2024	Thursday	U19PE20E	RECREATION AND CAMPING	U19PE12	RULES, REGULATIONS AND OFFICIATING IN SPORTS-IV
27-04-2024	Saturday	U19GS	GENDER STUDIES	U19SS	SOFT SKILLS
29-04-2024	Monday	U22TLNME 1.2	SIRAPUTHAMIZH - I	U19NMST2	SIRAPPU TAMIL -II
30-04-2024	Tuesday	U19PE8	METHODS IN PHYSICAL EDUCATION AND SPORTS MANAGEMENT	----	----
30-04-2024	Tuesday	U22PE8	THEORIES OF MAJOR GAMES - BASKETBALL, TABLE TENNIS, BALL BADMINTON & THROW BALL	----	----
02-05-2024	Thursday	U19VE	VALUE EDUCATION	U19ES	ENVIRONMENTAL STUDIES
02-05-2024	Thursday	U22VE	VALUE EDUCATION	U22ES	ENVIRONMENTAL SCIENCE
03-05-2024	Friday	U19SBE1	OFFICE AUTOMATION	U19SBE2	DESKTOP PUBLISHING
03-05-2024	Friday	U22SBE1	OFFICE AUTOMATION	U22SBE2	DESKTOP PUBLISHING
04-05-2024	Saturday	----	----	U19PE1	HISTORY AND PRINCIPLES OF PHYSICAL EDUCATION
04-05-2024	Saturday	----	----	U22PE1	HISTORY OF PHYSICAL EDUCATION
06-05-2024	Monday	U19PE4	ANATOMY AND PHYSIOLOGY & HEALTH EDUCATION	U19PE5	KINESIOLOGY AND BIOMECHANICS
06-05-2024	Monday	U22PE4	THEORIES OF TRACK & FIELD EVENTS	U22PE5	THEORIES OF GAMES (CRICKET, FOOTBALL, HOCKEY, VOLLEYBALL)



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08-05-2024	Wednesday	----	----	U19APE6	RULES, REGULATIONS AND OFFICIATING IN SPORTS - II
08-05-2024	Wednesday	----	----	U22APE6	APPLIED KINESIOLOGY & BIOMECHANICS
09-05-2024	Thursday	U19APE4	RULES, REGULATIONS AND OFFICIATING IN SPORTS - I	U19APE1	SCIENTIFIC ASPECTS OF YOGA & FITNESS
09-05-2024	Thursday	U22APE4	ANATOMY AND PHYSIOLOGY	U22APE1	SCIENTIFIC ASPECTS OF YOGA & GYMNASTICS
10-05-2024	Friday	U19APE8	RULES,REGULATIONS AND OFFICIATING IN SPORTS-III	----	----
10-05-2024	Friday	U22APE8	MODERN TRENDS IN PHYSICAL EDUCATION & SPORTS MANAGEMENT	----	----
11-05-2024	Saturday	U19E3	ENGLISH FOR COMPETITIVE EXAMINATIONS	U19T3	PART I - SEIYUL (KAPPIYAM) NADAGAM, ILAKKIYA VARALARU, POTHU KATTURAI
11-05-2024	Saturday	U22E4	ENGLISH FOR COMPETITIVE EXAMINATIONS	U22T3	SEIYUL (KAPPIYAM), NADAGAM, ILAKKIYA VARALARU, POTHU KATTURAI
11-05-2024	Saturday	----	----	U19H3	PART I - DIALOGUE WRITING, POETRY, TRANSLATION-II HINDI LITERATURE-II
11-05-2024	Saturday	----	----	U22H3	HINDI SAHITHYA AUR VYAKARAN - 3
11-05-2024	Saturday	----	----	U19S3	PART-I-SANSKRIT III
11-05-2024	Saturday	----	----	U22S3	SANSKRIT III
13-05-2024	Monday	U19T4	PART I - SEIYUL (PANDAIYA ILAKKIYAM, ILAKKIYA VARALARU, MOZHI PEYARPU)	U19E4	PART II - READING POETRY AND DRAMA
13-05-2024	Monday	U22T4	SEIYUL (PANDAIYA ILAKKIYAM), ILAKKIYA VARALARU, MOZHI PEYARPU	U22E3	READING POETRY AND DRAMA
13-05-2024	Monday	U19H4	PART I- LETTER WRITING, GENERAL ESSAY, HINDI LITERATURE -III	----	----
13-05-2024	Monday	U22H4	HINDI SAHITHYA AUR PRAYOJANMULAK HINDI	----	----
13-05-2024	Monday	U19S4	PART I- SANSKRIT IV	----	----
13-05-2024	Monday	U22S4	SANSKRIT IV	----	----



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14-05-2024	Tuesday	U19E2	PART-II-ENGLISH THROUGH EXTENSIVE READING	U19T1	PART- I SEIYUL (KAVIDHAI), URAINADAI, SIRUKATHAI, ILAKKIYA VARALARU, ILAKKANAM
14-05-2024	Tuesday	U22E2	ENGLISH THROUGH EXTENSIVE READING	U22T1	SEIYUL (KAVIDHAI), URAINADAI, SIRUKATHAI, ILAKKIYA VARALARU, ILAKKANAM
14-05-2024	Tuesday	----	----	U23GT1	POTHUTAMIL - I
14-05-2024	Tuesday	----	----	U19H1	PART-I-FUNCTIONAL HINDI - I, PROSE, GRAMMAR AND TRANSLATION - I
14-05-2024	Tuesday	----	----	U22H1	HINDI SAHITHYA AUR VYAKARAN - 1
14-05-2024	Tuesday	----	----	U19S1	PART-I--SANSKRIT I
14-05-2024	Tuesday	----	----	U22S1	SANSKRIT I
14-05-2024	Tuesday	----	----	U23S1	SANSKRIT I
15-05-2024	Wednesday	U19T2	PART-I- SEIYUL (BAKTHI ILAKKIYAM), PUDHINAM,ILAKKIYA VARALARU	U19E1	PART-II-ENGLISH FOR COMMUNICATION
15-05-2024	Wednesday	U22T2	SEIYUL (BAKTHI ILAKKAIYAM), PUDHINAM, ILAKKIYA VARALARU, ILAKKANAM	U22E1	PROSE FOR COMMUNICATION
15-05-2024	Wednesday	U23GT2	POTHUTAMIL - II	U23E1	GENERAL ENGLISH
15-05-2024	Wednesday	U19H2	PART-I- COMPREHENSION, GRAMMAR-II , DRAMA AND HINDI LITERATURE-I	----	----
15-05-2024	Wednesday	U22H2	HINDI SAHITHYA AUR VYAKARAN - 2	----	----
15-05-2024	Wednesday	U19S2	PART-I- SANSKRIT-II	----	----
15-05-2024	Wednesday	U22S2	SANSKRIT II	----	----
15-05-2024	Wednesday	U23S2	SANSKRIT II	----	----
16-05-2024	Thursday	U19CE2	PART-II-COMMUNICATIVE ENGLISH - II	U19CE1	PART-II-COMMUNICATIVE ENGLISH - I



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PG : YOGA

DATE	DAY	FORE NOON(09.30 am to 12.30 pm)		AFTER NOON(02.00 am to 05.00 pm)	
		Code	Title	Code	Title
22-04-2024	Monday	P18YO16	APPLICATION OF TEST AND MEASUREMENT	P18YO11	RESEARCH METHODOLOGY & STATISTICS IN YOGA
22-04-2024	Monday	P19YO16	APPLICATION OF TEST AND MEASUREMENT	P19YO11	RESEARCH METHODOLOGY & STATISTICS IN YOGA
22-04-2024	Monday	P22YO16	APPLICATION OF TEST AND MEASUREMENT	P22YO11	RESEARCH METHODOLOGY & STATISTICS IN YOGA
23-04-2024	Tuesday	----	----	P18YO12	YOGA AND MEDITATION
23-04-2024	Tuesday	----	----	P19YO12	YOGA AND MEDITATION
23-04-2024	Tuesday	----	----	P22YO12	YOGA AND MEDITATION
24-04-2024	Wednesday	P18YO18E	HYGIENE, DIET & NUTRITION	----	----
24-04-2024	Wednesday	P19YO18E	HYGIENE, DIET & NUTRITION	----	----
24-04-2024	Wednesday	P22YO18E	HYGIENE, DIET & NUTRITION	----	----
25-04-2024	Thursday	----	----	P18YO14E	YOGA THERAPY
25-04-2024	Thursday	----	----	P19YO14E	YOGA THERAPY
25-04-2024	Thursday	----	----	P22YO14E	YOGA THERAPY
26-04-2024	Friday	----	----	P18YO15E	FITNESS AND REHABILITATION
26-04-2024	Friday	----	----	P19YO15E	FITNESS AND REHABILITATION
26-04-2024	Friday	----	----	P22YO15E	FITNESS AND REHABILITATION
27-04-2024	Saturday	P18YO6	SCIENTIFIC ASPECTS OF YOGA	P18YO1	YOGA AND HEALTH
27-04-2024	Saturday	P19YO6	SCIENTIFIC ASPECTS OF YOGA	P19YO1	YOGA AND HEALTH
27-04-2024	Saturday	P22YO6	SCIENTIFIC ASPECTS OF YOGA	P22YO1	YOGA AND HEALTH
29-04-2024	Monday	P18YO7	YOGA AND ALTERNATIVE MEDICINE	P18YO2	ELEMENTS OF YOGA
29-04-2024	Monday	P19YO7	YOGA AND ALTERNATIVE MEDICINE	P19YO2	ELEMENTS OF YOGA
29-04-2024	Monday	P22YO7	YOGA AND ALTERNATIVE MEDICINE	P22YO2	ELEMENTS OF YOGA
30-04-2024	Tuesday	P18YO8	YOGA AND SPORTS	P18YO3	YOGA ASANAS : PRACTICE AND BENEFITS



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30-04-2024	Tuesday	P19YO8	YOGA AND SPORTS	P19YO3	YOGA ASANAS : PRACTICE AND BENEFITS
30-04-2024	Tuesday	P22YO8	YOGA AND SPORTS	P22YO3	YOGA ASANAS : PRACTICE AND BENEFITS
02-05-2024	Thursday	P18YO10E	YOGA AND CHAKRAS	P18YO5E	HUMAN ANATOMY AND YOGA
02-05-2024	Thursday	P19YO10E	YOGA AND CHAKRAS	P19YO5E	HUMAN ANATOMY AND YOGA
02-05-2024	Thursday	P22YO10E	YOGA AND CHAKRAS	P22YO5E	HUMAN ANATOMY AND YOGA