

AJEETH KHANNA V

PROFESSIONAL SUMMARY

To work in your esteemed institution with a driven environment where I can utilize and apply my knowledge and skills, which would enable me as a graduate to grow while fulfilling organizational goals.

Phone:

+91 9659351867

Email:

ajeethkhanna96@gmail.com

Address: No.4, Kamban Street,

1st Cross, Kumaran Nagar,

Trichy - 620017, Tamilnadu

EDUCATION

SSLC | 2012

Kamala Niketan Montessori School / Trichy

Percentage Obtained : 62%

HSC| 2014

Campion Anglo Indian Higher Secondary School / Trichy

Percentage Obtained : 51%

B.Sc Physical Education | 2017

National College / Trichy

First Class with Distinction

B.P.Ed | 2019

Y.M.C.A College of Physical Education / Chennai

First Class

M.P.Ed | 2021

Y.M.C.A College of Physical Education / Chennai

First Class

M.Phil | 2022

National College / Trichy

First Class with Distinction

Ph.D (Full Time) | 2024 - 2026

National College / Trichy

pursuing

ADDITIONAL COURSES

- PG diploma in Yoga from Tamil Nadu Physical Education and Sports University in the year 2017–2018.
- PG Acupuncture Course on Human Acupressure at Care n Cure Institution in the year 2014-2015.
- Course on SPORTS PHYSIOTHERAPY from YMCA College of Physical Education from the year 2018–2019.
- Optional course on BHARATHIYAM from YMCA College of Physical Education.

ACHIEVEMENTS

- University Topper of Bharathidasan University for the academic year of 2014–2017 in **B.Sc.** Physical Education and obtained a gold medal from the Honorable Governor of Tamil Nadu in the year 2018.
- Secured a gold medal in lawn tennis at the Inter College Tennis Tournament conducted by Tamil Nadu Physical Education and Sports University, Chennai, in the year 2017.
- Secured Bronze Medal in Tennis at the Inter College Tournament Conducted by Tamil Nadu Physical Education and Sports University at Coimbatore in the years 2018 and 2019.
- Secured a silver medal in tennis at the Buck Memorial Sports Festival in Chennai in the years 2017 and 2018.
- Secured a bronze medal at the All India Tennis Ball Cricket Tournament held at Haridwar, Uttarakhand, in the year 2020.
- Represented Trichy District in the state-level tennis tournament held at Anna Stadium, Trichy, in the years 2016 & 2018.

CONFERENCE, WORKSHOPS AND SEMINARS:

- Presented a paper at the ICRS International Conference organized by National College Trichy, 2024, with a paper entitled “The Effect of Physical Activities on Development of Children with Mental Retardation in the Context of Tiruchirappalli High School.”
- Presented a paper at the International Conference on Physical Education and Sports 2025 organized by the International Federation of Physical Education, Fitness, and Sports Science Association held at Osmania University, Hyderabad, with a paper entitled “Effect of Sand & Aerobic Training Packages on Muscular Strength & Cardiovascular Endurance among College Soccer Players.”
- Worked as one of the organizing committee members at the ICRS International Congress on Renaissance in Sports 2014, 2017 & 2024 by National College Trichy.
- Attended workshop on Functional Fitness Training held at YMCA College of Physical Education , Chennai, 2021 .
- Attended workshop on Swiss Ball and Core Strengthening held at National College, Trichy, 2015.
- Attended workshop on Practical Aspects of Strength and Conditioning for Sports Performance held at YMCA College of Physical Education, Chennai, 2021

RESEARCH PUBLICATIONS:-

- Published a paper at the International Conference organized by National College Trichy, 2024, with a paper entitled “The Effect of Physical Activities on Development of Children with Mental Retardation in the Context of Tiruchirappalli High School.”
- Published paper on SCOPUS at Journal of Teaching in Physical Education entitled “ Influence of Small-Sided Soccer Training Program on BMI and Cardiovascular Endurance among Obese Men” in the year 2025, organized by Manipur University.
- Published paper on SCOPUS at South Eastern European Journal of Public Health Journal entitled “Scrutiny of Badminton Play for Non-Sports Obese Person Using with Body Composition Analyzer” in the year 2025.

POSITIONS HELD AT COLLEGE:

- Class Representative in M.P.Ed
- Member of Student Council at YMCA College of Physical Education.
- Member of Rotaract Club in YMCA College of Physical Education
- Social Committee Member at National College.
- Held the position of the meet manager at the YMCA Athletics meet for the college-level athletic meet held at YMCA College Chennai, 2019.

LANGUAGES

- ENGLISH
- TAMIL